

Richard Denny

Richard Denny has been practicing capoeira since 2004, after being mesmerised by a performance at a London street festival. First drawn the strength and grace of the movements, he quickly became entranced exploring the many layers of meaning and complexity of the art form, from the physical demands and discipline of training to the joy and freedom found in the energetic rodas of the London School of Capoeira.

After many years of consistent training with Mestre Silvia and Mestre Marcos, Richard graduated as Formado at the LSC Batizado 2015. He has led classes for beginners and more experienced capoeiristas, and has taken part in performances and workshops across London

A science teacher by day, Richard has taken much from the world of capoeira to enthuse his students. He is motivated by a love of this thrilling art, and by the warmth, energy and camaraderie of the LSC, where games with friends carry on for months and years.